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CHANGING OF THE GUARD: MID ATLANTIC REGION 3

by Ellen Jones-Walker

The Mid-Atlantic Region (Region 3), which comprises Delaware, the District of Columbia, Maryland, Virginia, and West Virginia, has recently seen a smooth transition in Regional Coordinators from Deryn Winchester to Ellen Jones-Walker and Tip Walker. Deryn is entering a new chapter in her life, and Tip and myself are excited about continuing the efforts to support local chapter leaders in Region 3 as well as helping interested individuals find existing chapters, establish new ones, or meet up with like-minded consciousness explorers.

Deryn happily searched out her replacement because she had fallen in love with and married a fellow LCN Regional Coordinator, Steve Winchester. The newlyweds are now in the process of moving across the country to Arizona. Deryn continues to serve as the Regional Coordinator for Region 1 (New England) and collaborates with Steve who is the Regional Coordinator for Regions 2 and 9 (Northeast and Western).

When the LCN was started, Deryn (then Deryn Semmes) became the first Regional Coordinator for Region 3. Since Deryn lived in Virginia, she was able to actually meet with most of her LCN chapter leaders.

For Deryn the best part of being a Regional Coordinator is communicating with the people who are interested in expanding their consciousness and knowing in some way she is assisting them with making their lives better. She loves “getting it out there.”

One of Deryn’s happiest moments this past year was to connect the Veterans Affairs Office with The Monroe Institute. Bob Holbrook, TMI's Assistant Director of Technology, is currently communicating with the VAO to explore ways to help soldiers.

Tip and myself live in rural southwestern Virginia, are also committed to “getting it out there” and enjoy speaking to groups and individuals about TMI. Having benefited immeasurably from their own transformational experiences at TMI (nine residential programs), we decided to become TMI Outreach Facilitators so that we could offer other people opportunities to explore consciousness and enrich their lives. In addition to offering Excursion Workshops, Tip and I also give a range of personal/spiritual development workshops incorporating Hemi-Sync. Recently, we established the TMI-New River Valley Local Chapter which has brought together an enthusiastic group of consciousness explorers. Tip and I are also members of the TMI

Professional Division and the Dolphin Energy Club. As the new Regional Coordinators, we are excited about supporting and expanding the LCN in the Mid-Atlantic Region.